

# Safeguarding Policy

## Principles

The following principles guide Calming Influences in safeguarding adults.

- Everyone has the right to live free from abuse and neglect.
- Everyone has the right to be treated as an individual.
- Everyone has the right to be treated with respect and dignity, with a right to privacy.
- Everyone at Calming Influences has a responsibility to prevent, recognise and act on abuse and neglect.

We will make sure all staff and students understand their role in relation to safeguarding adults and children.

## What is Abuse

Abuse is usually carried out by people who are in a position of power, trust or authority, and can be perpetrated by a wide range of people. Abuse may consist of a single act or repeated acts. It may be physical, verbal or psychological, it may be an act of neglect or an omission to act, or it may occur when a vulnerable person is persuaded to enter into a financial or sexual transaction to which he or she has not consented, or cannot consent. Abuse can occur in any relationship and may result in significant harm to, or exploitation of, the person subjected to abuse.

Further details about different types of abuse are in Appendix A.

## Roles and Responsibilities

Everyone, both paid employees and students, within Calming Influences has a responsibility to prevent, recognise and act on abuse. These actions may include reporting the abuse to the:-

- Tutor
- Principal
- External Verifier
- Social Services
- Police

Agreed by: Jackie James School Principal on 27<sup>th</sup> January 2013

Reviewed:	12 <sup>th</sup> December 2013	1 <sup>st</sup> July 2014
	1 <sup>st</sup> July 2015	1 <sup>st</sup> July 2016
	26 <sup>th</sup> July 2017	28 <sup>th</sup> July 2018
	1 <sup>st</sup> June 2019	1 <sup>st</sup> October 2020
	3 <sup>rd</sup> May 2022	4 <sup>th</sup> June 2023
	23 <sup>rd</sup> May 2024	3 <sup>rd</sup> June 2025
	3 <sup>rd</sup> June 2026	

Summarised from Hampshire County Council's Safeguarding policy template

## Appendix A - Definitions of abuse

**1. Physical abuse** - Resulting from acts of commission or omission on the part of others and causing pain, injury or impairment. It includes hitting, slapping, pushing, kicking, misuse of medication, restraint, or inappropriate sanctions. Building on this definition of physical abuse within “No Secrets”, it can be helpful to consider the following different categories of physical abuse:

**a. Bodily assaults** - Resulting in injuries such as burns, bruises, abrasions, fractures, dislocations, welts, wounds, rashes, pressure sores or marks of physical restraint.

**b. Bodily impairment** - Manifested in malnutrition, dehydration, emaciation, poor hygiene, drug or alcohol addiction, sleep deprivation, failure to thrive, unexplained fatigue, hypo/hyperthermia, or improper ventilation.

**c. Medical / healthcare maltreatment** - Inappropriate medication, over/under medication, inappropriate administration of medication. Provision of health care may be unavailable to an excessive degree, or irregular, improper, inadequate or duplicated in some way.

**2. Sexual abuse** - Including rape and sexual assault or sexual acts to which the vulnerable adult has not consented, or could not consent or was pressured into consenting. Sexual abuse might also include exposure to pornographic materials, being made to witness sexual acts and encompasses sexual harassment and non-contact abuse.

### **3. Psychological / emotional abuse**

Including emotional abuse, threats of harm, controlling, intimidation, coercion, harassment, verbal abuse, isolation or withdrawal from services or supportive networks. Playing on someone's emotions to make them afraid, uneasy or unnecessarily dependent might include bullying, shouting, threats of harm or abandonment, intimidation, persistent ignoring, isolation or withdrawal from social contact or supportive networks, emotional blackmail, undermining, ridiculing, coercion, verbal, racial abuse, deprivation of contact, blaming or controlling.

### **4. Neglect, acts of omission and poor professional practice**

Including ignoring medical or physical care needs, failure to provide access to appropriate health, social care or educational services, the withholding of the necessities of life, such as medication, adequate nutrition and heating.

### **5. Financial or material abuse**

Includes theft, fraud exploitation, pressure in connection with wills, property or inheritance or financial transactions, or the misuse or misappropriation of property, possessions or benefits.

### **6. Discriminatory abuse**

Including racist, sexist, that based on a person's disability, and other forms of harassment, slurs or similar treatment. Multiple forms of abuse may occur in an ongoing relationship or an abusive service setting to one person, or to more than one person at a time, making it important to look beyond single incidents or breaches in standards, to underlying dynamics and patterns of harm. Any or all of these types of

abuse may be perpetrated as the result or deliberate intent and targeting of vulnerable people, negligence or ignorance.

**7. Hate crime**

The term 'Hate crime' refers to any criminal offence which is perceived by the victim or any other person as being motivated by prejudice or hate, based on the victim's actual or perceived gender, race, religion or belief, sexual orientation, disability or transgender status.

**8. Hate incident**

The term 'Hate incident' refers to any non-criminal incident which is perceived by the victim or any other person as being motivated by prejudice or hate, based on the victim's actual or perceived gender, race, religion or belief, sexual orientation, disability or transgender status. Hate crime and hate incidents should be regarded as safeguarding issues where they involve a vulnerable adult.

## **Appendix B - Key Telephone Numbers**

Many of these organisations have a vital role to play in protecting vulnerable adults.

### **Adult Services**

- During office hours: Hampshire - 0845 603 5630 -Southampton - 023 8083 4567 -Portsmouth - 023 9268 0810
- Outside office hours the Emergency Duty Teams can be reached on: Hampshire - 0845 600 4555 -Southampton - 023 8023 3344 -Portsmouth - 023 9268 0810

### **If you think a crime has taken place**

- Local police on 0845 045 45 45

### **If someone is injured, call 999**

#### **Criminal Records Bureau**

PO Box 110, Liverpool, L69 3EF 0870 90 90 811 [customerservices@crb.gsi.gov.uk](mailto:customerservices@crb.gsi.gov.uk)  
[http://www.crb.homeoffice.gov.uk/about\\_crb.aspx](http://www.crb.homeoffice.gov.uk/about_crb.aspx)